**Education Authority Southern Region Catering Services** 

	Week Commencing	Week Commencing	Week Commencing	Week Commencing
	02/10/23	09/10/23	16/10/23	23/10/23
MONDAY	Fish Fingers, Beans	Spaghetti Bolognaise, Peas	Cod Fish Cakes, Carrots	Chicken Nuggets
	Macaroni & Cheese	Garlic Bread, Cabbage, Gravy	Potato, Gravy, Beans	Lasagne
	Garlic Bread, Coleslaw	Bacon, Stuffing, Potato	Spaghetti Bolognaise	Peas, Broccoli, Gravy
	Potato, Broccoli, Gravy	Choc Sponge & Custard	Shortbread	Chips, Rice
	Artic Roll/Fruit	Yogurts	Fruit, Custard	Ice Cream & Choc Sauce
TUESDAY	Meatballs, Pasta	Fish Fingers, Chips	Cheese Pizza	Spaghetti Bolognaise
	Cheese Pizza, Peas,	Chicken Wraps, Pasta	Chicken & Pasta Bake	BBQ Chicken Pizza, Corn
	Salad, Baked Potato	Spaghetti Hoops	Potato, Peas, Gravy	Beans, Dice Potato, Potatoes
	Shortbread	Corn on the Cob	Chips, Coleslaw	Gravy
	Custard	Jelly Fruit		Fruit, Yogurt
	Fruit	Ice Cream, Fruit	Ice Cream, Jelly	Rice Pudding
WEDNESDAY	Chicken Curry & Rice	Steakburger, Naan Bread	Chicken Curry & Rice	Fish Fingers, Peas
	Naan Bread, Bacon	Mash Potato, Gravy	Chicken Panini, Corn	Potato, Gravy
	Corn on the Cob	Green Beans, Corn	Broccoli, Coleslaw	Naan Bread, Rice
	Chips	Chicken Curry & Rice	Oven Roast Potato	Chicken Curry, Salad
	Jelly Fruit	Cornflake Biscuits	Fruit	Rice Krispie Buns
	Ice Cream	Fruit	Frozen yogurt	Fruit
THURSDAY	Roast Chicken, Stuffing	Roast Gammon, Stuffing	Roast Chicken, Stuffing	Salmon Fishcake, Gravy
	Potatoes, Carrots, Gravy	Potato, Carrots, Gravy	Potato, Carrots, Peas	Roast Turkey, Stuffing
	Chilli Nachos, Salad	Cauliflower Cheese, Carrots	Gravy	Potatoes, Carrots
	Jam & Coconut Sponge	Ice Cream Wafer	Chocolate Sponge	Cauliflower
	Custard	Fruit	Custard	Fruit Muffins, Yogurts
FRIDAY	Oven Bake Sausages, Chips	Oven Baked Chicken Nuggets	Oven Baked Sausages, Chips	Chicken Crumble
	Chicken Panini, Gravy	Chips, Baked Potato	Potatoes, Chicken Panini	Steakburger in Bap
	Coleslaw, Sweetcorn	Peas, Beans, Salad	Coleslaw, Sweetcorn,	Chips, Rice, Salad, Corn
	Potato, Spaghetti Hoops		Spaghetti Hoops, Gravy	
	Flakemeal Biscuit	Ginger Biscuits	Melon	Flakemeal Biscuits
		Fruit	Flakemeal Biscuits	Fruit

If your child has an allergy please inform the Principal/Unit Catering Supervisor